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## The Saint Luke's Outreach Program

In 2019, these Saint Luke's events and activities that you participated in raised \$2,123 towards QCH programs and services:

- Mardi Gras Party
- Lenten Bake Sale
- Thanksgiving Bake Sale
- Summer Barbecue
- Free-will donations during hospitality hour

The Outreach committee exists to find opportunities for Saint Luke's parishioners to contribute time, talent and treasure to benefit local organizations and programs in the wider community and the world.

The committee proposes one project each year for an annual grant. In 2019, the recipient was the Queens Community House. Saint Luke's has an ongoing relationship with QCH, offering a food pantry donation on the first Sunday of each month, and the Jesse Tree Christmas gifts for children and teens each year.

**Join** the committee if you'd like to help expand Saint Luke's Outreach programs! Or **chat** with committee members **if you have suggestions**. Or **continue to participate in the fundraising** events and projects.

*"Whatever you did for one of the least of these brothers and sisters of mine,  
you did for me."*

— Matthew 25:40

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## Queens Community House

Provides an astonishing array of services to  
strengthen neighborhoods  
and *inspire change*.

[qchnyc.org](http://qchnyc.org)



Your participation in Saint Luke's 2019 Outreach Fundraising Activities contributed \$2,123 towards QCH's programs:

- Housing and Homelessness Prevention
- Programs for Teens and Young Adults
- Education and Employment Services
- Food Access Initiatives

**The Mission:** Queens Community House provides individuals and families with the tools to enrich their lives and build healthy, inclusive communities.

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## For Youth

**Career Counseling Services:** advice in applying to trade schools or paths other than college.

### Queens Connect Young Adult Food Sector

**Initiative:** Preparing out of school youth for successful careers in the food service and manufacturing sector.

**Summer Youth Employment Program:** Paid summer employment for ages 14-24 in entry-level jobs at government agencies, non-profit organizations, hospitals, summer camps, law firms, and retail businesses and workshops on job readiness, career exploration, and financial literacy.

**Intergenerational Chore and Errand Program:** year-round employment program for high school students, who are trained to work with older adults, providing chore and mobility assistance and companionship to home-bound seniors and older adults in area nursing homes.

**Elementary & Middle After School:** Homework help, STEM enrichment, arts literacy, physical activity, field trips, civic engagement.

## For Adults and Families

**Food Access Initiatives:** including a volunteer-run, weekly farmers market; a weekly Food Box Program; a community garden with 21 outdoor plots and an indoor hydroponic bed; cooking and nutrition classes.

**Housing/Neighborhood Preservation:** advocate for more affordable housing and stronger tenant protections, run workshops, assist with applications for rental subsidies, help negotiate lease renewal, provide technical assistance support to tenant associations.

**Homelessness Prevention and Intervention:** assist eligible households to navigate Housing Court, obtain subsidies to cover rental arrears, assist with landlord-tenant mediation and relocation, work with recently evicted families in temporary city housing to apply for Family Eviction Prevention Subsidy and find new homes.

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## Queens Community House

**QCH was formed in 1975 (as Forest Hills Community House) to help heal the wounds of a neighborhood conflict.**

QCH is a multi-site, multi-service settlement house that serves residents of all ages, races, faiths, and ethnicities at 32 sites in 14 diverse neighborhoods of Queens, supporting the viability of the borough as a whole.

QCH is committed to a holistic approach that deals with immediate needs as well as the barriers that may impede personal, family, and community stability. Each year, their programs help thousands of our neighbors to thrive in school, make healthy life choices, succeed in educating themselves, become engaged citizens, stabilize their housing situations, and make the most of their senior years.

## For Older Adults

**Home-delivered Meals:** hot meals for home-bound seniors eligible for home-delivered meals.

**Transportation:** rides to and from QCH senior centers, events, shopping, and doctors' appointments.

**Case Management:** case workers provide in-home assessments, benefits/entitlements assistance, care coordination, service establishment for home-delivered meals, homemaker personal care, housekeeping services, telephone reassurance, assistance with shopping and laundry, and friendly visiting for the home-bound.

**Caregiver Support:** for those who provide care to a family member, friend, or neighbor who is sick, frail or disabled, information and referrals to community-based services, counseling, support groups, and limited home care and assistance in sorting out the options.

**Social Adult Day Services:** support, social engagement, and therapeutic activities for older adults who are physically frail, socially isolated and/or memory-impaired. These programs are ideal for individuals who live at home, but need a little bit of extra support and/or companionship during the day. They also provide respite to family members and other caregivers.