

Saint Luke's Church (Episcopal)

SAINT LUKE TALKS

Conversations with Saint Luke's Parishioners and Friends

Sharing a Passionate Pursuit

Wednesdays at 7:30pm on ZOOM

RSVP by the Monday preceding the program

Call 718-268-6021 for the ZOOM link

MAY 12 – Tom Biglin

Music Therapy for the Whole Person



As defined by the American Music Therapy Association, "Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program."

Palliative medicine is specialized medical care for people with serious illnesses. The goal is to improve quality of life for the patient and the family. As a music therapist licensed to provide psychotherapy, I work as part of an interdisciplinary team of professionals at Lenox Hill Hospital to attempt as best as possible to understand and help the rest of the medical teams see and treat the person and not just the patient. As much a calling as it is a profession, music therapy for me is stimulating, rewarding, and humbling. I'm continually reminded of the fragility of life as well as the resilience of the spirit.

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718-268-6021

www.stlukesforesthills.org